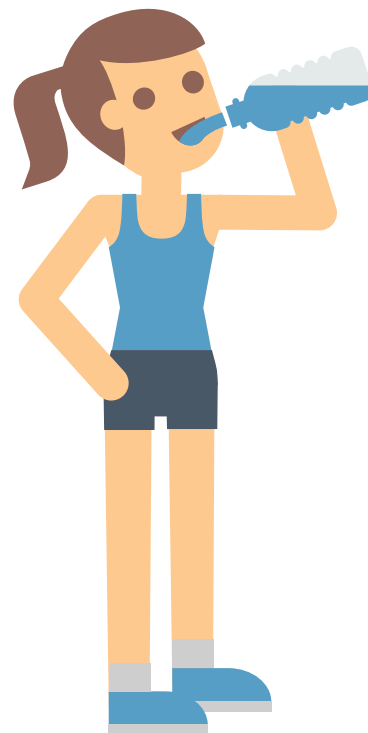
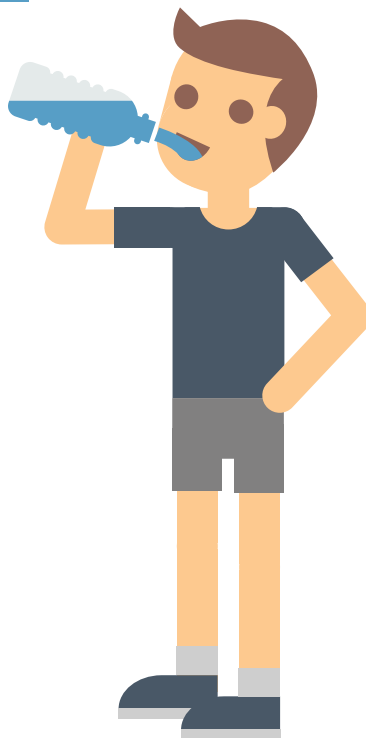
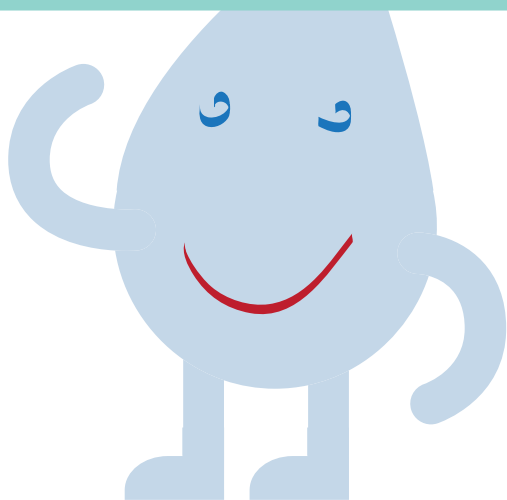


BODY WATER

— Health & Medical —

INFOGRAPHICS



BODY
70%
WATER

DRINK
MORE
WATER



HOW MUCH
DO YOU
REALLY
NEED?



÷ 8 =



BODY
WEIGHT
(lbs) / 2

1 = **8**
OUNCES

WATER
NEEDED
PER DAY



BRAIN
75%
WATER



LUNGS
90%
WATER



BONES
24%
WATER



HELPS
CONVERT
FOOD
INTO ENERGY



BLOOD
85%
WATER



SKIN
80%
WATER



MUSCLE
75%
WATER



HELPS
BODY
ABSORB
NUTRIENTS